



Fitting Instructions

TOWBAR
For Volvo XC90

VL37BU
for
VL37B,
VL37BQ,
VL37BQF.

MATERIALS

A	1	Cross Bar
D	2	Captive Bolt straps
D1	6	Bushes (22mm O.D – 55mm long)
D2	6	M12 Nyloc Nuts and Ø30 Flat washers
E	2	Side Plates
F	2	M12x40Bolts, Nyloc Nuts and 4 Ø30Flat Washers
G	2	M12x40 Bolts, Lock Washers and Ø30 Flat Washers
H	1	Exhaust Spacer Plate – Not Shown
J	1	Electrical Plate (ZEP2)
K	2	M12x40 Bolts, Lock Washers and Ø30 Flat Washers – Not Shown

For use with either

VL37B Flange neck option – ZF2038. Note: This towbar must be used with either a Witter Towball (part number Z11) or Class A50-1 or A50-X towball, which dimensionally conforms to A50-1 with a 'D' and 'S' value greater than or equal to that of the towbar.

VL37BQ Detachable neck option – ZQ2038. Please refer to ZQ fitting instructions for installation.

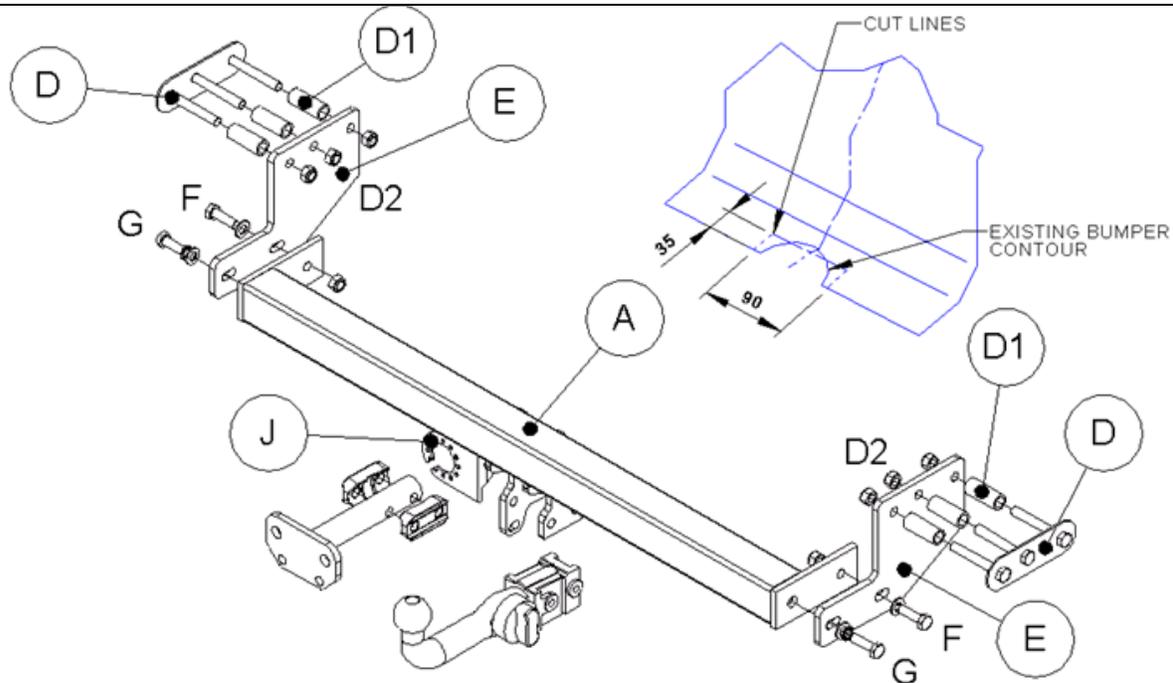
VL37BQF Flange Detachable neck option – ZQF2038. Please refer to ZQ fitting instructions for installation.

FITTING:

1. Remove spare wheel. Lift out small floor sections on left and right hand side of boot floor. Remove self adhesive foam covers from outside faces of chassis (inside floor sections just uncovered).
2. Lower rear exhaust hanger bracket and the next rubber hanger along the exhaust to lower the silencer for access. Remove self adhesive foam from inside faces of both chassis rails. (It may be necessary to remove the exhaust heat shield to improve access above the silencer).
3. Insert Bolt Straps (D) with Bushes (D1) into chassis from inside boot. Loosely attach Side Plates (E) using Nuts (D2). Trim the bumper as shown below and remove securing clips from bottom edge of bumper to provide increased movement of the bottom edge of the bumper.
4. Pull down the bottom edge of the bumper, insert the Cross Bar (A) and loosely secure to Side Plates (E) using fasteners (F) & (G)
5. Attach Neck Option and Electrical Plate (J) to Cross Bar (A) using fasteners from Neck Kit. Re-mount exhaust hanger with Exhaust Spacer Plate (H) between chassis and exhaust hanger using Bolts (K).
6. **Fully Tighten all bolts to torques shown below.**

Recommended torque settings: Grade 8.8 bolts: M12 - 80 Nm, M16 - 200 Nm

Grade 10.9: M12 – 120Nm



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