



Fitting Instructions

TOWBAR
For Ford Ranger F1459
2022-

MATERIALS

| | | |
|----|---|--|
| A | 1 | Cross Bar |
| B | 1 | Side Arm |
| C | 1 | Side Arm |
| D | 8 | M14 x 140 x 2.0p Bolt and Plain Washer |
| E | 6 | M12 x 25 x 1.75p Bolt, Plain Washer, and Nyloc Nut |
| F | 1 | Tow Ball |
| CB | 2 | M12 x 25 x 1.75p Bolt, Shakeproof Washer, and Nut |

FITTING

1. Remove bumper:
 - a. Unscrew the 4 x bumper retaining screws (**X**) and retain for re-fitting bumper later.
 - b. Unclip wire harness and remove bumper from its support frame.
 - c. Remove bumper support frame (4 x large bolts).
2. Loosely assemble Side Arms (**B & C**) using fasteners (**D**).
3. Loosely attach Cross Bar (**A**) to each Side Arm using fasteners (**E**).
4. Re-fit bumper to the 4 x mounting points (**x**) on the tow bar, using the original bolts (**x**).
5. Fit tow ball (**F**) to faceplate using fasteners (**CB**)
6. Fully tighten all fasteners

Recommended torque settings: Grade 8.8 bolts: M8 - 24Nm, M10 - 52 Nm, M12 - 80 Nm, M14 - 130 Nm, M16 - 200 Nm
Grade 10.9: M12 - 120Nm, M10 - 70Nm M8- 35Nm

