



**TBMW4 BMW X3 (F25) 2011-2017, (G01) 2017-2024 (G45/G48) 2024>, X3M (F97) 2019-2024, iX3 (G08) 2017>, X4 (F26) 2014-2018, (G02) 2018> & X4M (F98) 2019>**

Item	Qty	Description	Item	Qty	Description	Torque Setting
A	1	TBMW4 Crossbar	E	2	M16 x 50 Bolts & Nyloc Nuts	215 Nm
B	2	Internal Bumper Plastic Mounting Brackets (Not F25/F26)	F	2	M12 x 40 Bolts & Nyloc Nuts	100 Nm
C1	1	Left Hand Exhaust Bracket (Not F25/F26/G08)	G	2	M12 x 40 Bolts & Nyloc Nuts	100 Nm
C2	1	Right Hand Exhaust / Ad-Blue Tank Bracket (Not F25/F26/G08)	H	2	M6 x 20 Self Tapping Bolts	13 Nm
D	1	Extension	J	2	M8 x 25 Bolts & Nyloc Nuts	25 Nm
			K	2	6 x 15 Flat Washers	
			L	4	8 x 20 Flat Washers	
			M	4	12 x 25 Flat Washers	
			N	4	12 x 40 Flat Washers	
X	4	OEM BMW Nuts (Torqued To 98 Nm)	P	6	Large Plastic Rivets	

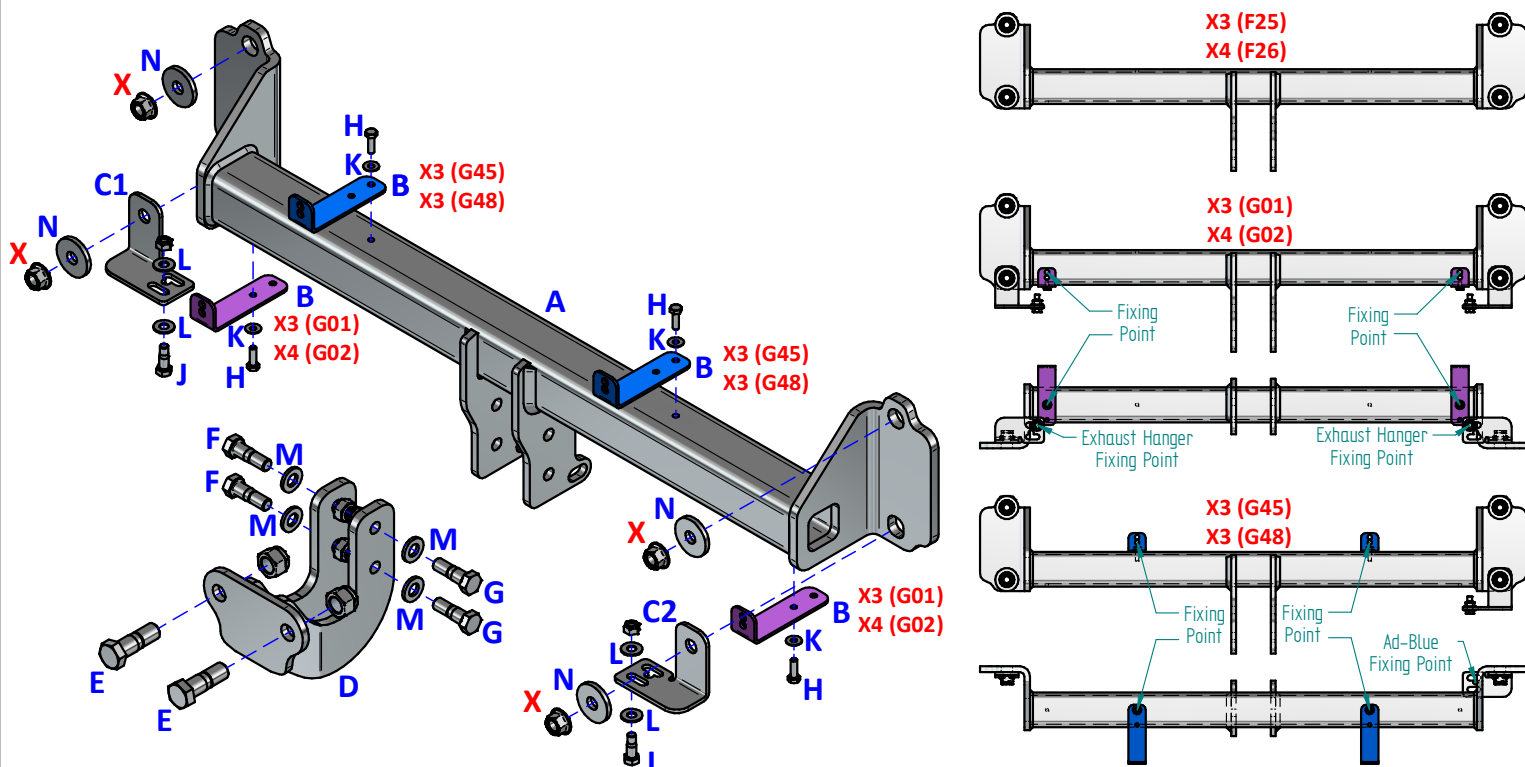
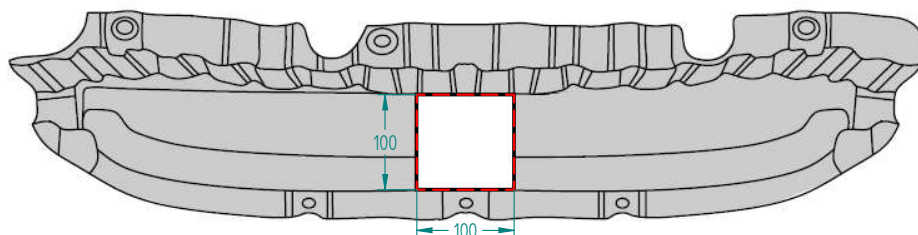
**Note: There are some models that will not require items B, C1 and C2 or the fixings provided.**

## Bumper Removal:

1. Remove the rear light clusters (Remove the plastic trim to reveal two fixings on **F25/F26** models and three fixings on **F97/F98/G01/G02/G08** models and six fixings on **G45/G48** models followed by any now revealed fixings in the top edge of the bumper).
2. Remove the three fixings from each wheel arch then remove the arch trim. This will reveal two fixings, locate and remove these.
3. Remove the fixings along the bottom edge of the bumper and around the wheel arch areas and the undertray. Cut the undertray as shown in the image below.
4. Remove the reflectors from the bumper to reveal one fixing behind each one and remove.
5. Pull the bumper out sideways and rearwards to remove, carefully releasing any wiring looms in the process.
6. Remove the internal bumper plastic from the rear impact beam and retain its fixings. **Note:** This will be refitted to the Towbar assembly (**Not F25/F26**).
7. Remove the rear impact beam and retain the gaskets and fixings (**Items X**). **Note:** The impact beam will not be refitted with the Towbar assembly.

## Towbar Installation:

1. Refit the gaskets from the impact beam to the studs on the rear panel.
2. Loosely fix item **A** with items **C1** and **C2** if required on the model you are fitting to, using items **X** with items **N**.
3. Identify the location required by the inner bumper plastics depending on the model you are installing to and loosely fix items **B** to item **A** using items **H** with items **K**.
4. On models that required brackets **C1** and **C2** loosely fix the exhaust hangers / Ad-Blue tank using items **J** and items **L**.
5. Fully tighten all the fixings ensuring the Towbar and brackets are rigid, square and secure.
6. Fix the inner bumper plastic to items **B** using the original fixings.
7. Refit the undertray, bumper and wheel arch trim. Note: Items **P** are provided for models which originally had rivets.
8. Loosely fix item **D** to item **A** using items **F** with items **M** and items **G** with items **M**.
9. Loosely fix your desired ball bracket and socket plate (not supplied in this kit) to item **D** using items **E**.
10. Fully tighten all the remaining fixings ensuring the Towbar is rigid, square and secure.



## Notes:

1. For Torque settings see the column next to each item in the list.
2. Nose load limits and vehicle manufacturer's trailer / caravan weight limits must be observed.
3. We recommend the use of PRO-TOW Couplings with all our products.